



SUN SIYAM  
IRU FUSHI  
MALDIVES



## WELLNESS

### Introductory Complimentary Classes

Boost your fitness level. Reserve a group session with our resident wellness instructors. Whet your appetite with one of the complimentary activities. Try something new.

Introductory Yoga Class	The Spa	Monday, Thursday	16.45 to 17.15
Aqua Aerobics	Fluid	Tuesday	08.30 to 09.00
Body Building	Gym	Wednesday	15.30 to 16.00
Pilates	The Spa	Friday	09.30 to 10.00
Body Pump	Gym	Sunday	15.30 to 16.00

Advance reservations are advised.

[www.sunsiyam.com](http://www.sunsiyam.com)

A SUN SIYAM RESORT