



our philosophy

A statuesque tree found in the tropical rainforest of Asia, the Angsana is best noted for its crown of flowers that burst into a fragrant shower of golden-yellow blooms unexpectedly. The glorious Angsana beholds the maxim to live life and savour time as it passes inexorably.

Calm Time: Calm your mind and draw in the serenity of your surroundings. Allow our therapist to offer you a soothing foot wipe, herbal drink and a few minutes to leave the cares of the world behind. Angsana sessions include a Calm Time. Enjoy the difference.

Kindly note that all Spa sessions (except hand, foot and hair treatments) include a 30-minute Calm Time, which comprise a welcome foot wipe and post-treatment refreshments & relaxation. Enjoy the difference. Prices are subject to prevailing 10% service charge and 7% government tax.

PLEASE TAKE A MOMENT TO READ THIS

Etiquette

The Spa is a retreat for your body, mind and spirit. For the consideration of others, we request that visitors keep noise to a minimum. Children are not allowed at the Spa unless they are having a treatment, accompanied by an adult. We ask that you respect other guests' privacy by speaking softly.

Cellular phones and electronic devices are discouraged.

Attire

Please arrive at the Spa wearing comfortable, light clothing or a bathrobe. Disposable undergarments are available on request.

Reservations

Advance booking prior to your arrival is recommended to secure your preferred date and time of treatment. A credit card number is required at the time of booking for a confirmed appointment.

Check-in

Please arrive at least 15 minutes prior to your scheduled treatment to avoid reduced treatment time. A late arrival will result in a shortened treatment to accommodate other guests fairly.

Spa Treatment Hours

The Spa opens from 10am to 10pm daily. Last treatment finishes at 10pm.

Special Consideration

If you are pregnant, you may wish to avoid booking treatments that involve the use of essential oils. Massages or stimulating treatments are not recommended during the first three months of pregnancy.

If you have high blood pressure, heart conditions, allergies, or other medical complications, we advise that you consult your doctor before signing up for any spa services. Please inform your therapist of any medical conditions.

Smoking and Alcohol

Smoking and the consumption of alcohol within the Spa are prohibited. It is also advisable to avoid the consumption of alcohol or heavy meals prior to, or after any spa treatment.

Cancellation Policy

A 24-hour cancellation notice is required to help us re-schedule your appointment, subject to space availability. Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee. A full fee will be imposed for a "no-show".

Valuables

We recommend that no jewellery be worn at the Spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the spa premises.

Gift Certificates

Treat a friend or loved one by giving them an experience they will never forget. Gift certificates are available for any spa treatments, packages or retail products. Gift certificates are not refundable and must be presented at the time of treatment. Vouchers are valid for six months from date of issue.

Refund Policy

Treatment packages are non-refundable. Unused portion of the packages are non-transferable or non-exchangeable for another time.

Payment

We accept cash and all major credit cards. All prices are quoted in Thai Baht and are subject to prevailing 10% service charge and 7% government tax. Prices are subject to change without prior notice.

Disclaimer

The spa treatments, services and/or facilities received or utilised at Angsana Spa Laguna Phuket are intended for general purposes only and are not intended to be a substitute for professional medical treatment for any condition, medical or otherwise, that Guests may have. Guests will fully indemnify and hold harmless Angsana Spa Laguna Phuket, its holding company(ies), affiliates, subsidiaries, representatives, agents, staff and suppliers, from and against all liabilities, claims, expenses, damages and losses, including legal fees (on an indemnity basis), arising out of or in connection with the spa treatments, services and/or facilities.

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essence of angšana

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DUET
Room For Two 150-minute treatment & 30-minute refreshments, bath and relaxation **THB 5,400++ per person**

for her: 30-minute flower petal body polish • 90-minute Angšana massage • 30-minute face refresher

for him: 30-minute jasmine frangipani body polish • 90-minute fusion massage • 30-minute face refresher

Spa Tip: Be pampered by a series of Angšana Spa treats.

PEACE
Worry Free 120-minute treatment & 30-minute refreshments and relaxation **THB 4,400++**

60-minute body massage • 60-minute body treat or facial

Spa Tip: Drift away on a cloud of contentment as the therapist works wonders.

REVITALISER
Recharge And Take Charge 120-minute treatment & 30-minute refreshments and relaxation **THB 4,600++**

15-minute sauna or herbal steam • 30-minute body polish • 60-minute body massage • 15-minute fusion bath

Spa Tip: Relaxing experience begins with these extensive pampering treatments.

SUN BALM
Sun Repair 120-minute treatment & 30-minute refreshments and relaxation **THB 4,400++**

60-minute aloe sunkisser body conditioner • 60-minute oasis massage

Spa Tip: A perfect remedy to soothe sun-exposed skin.

GLOW
Wear Radiance Like A Second Skin 90-minute treatment & 30-minute refreshments and relaxation **THB 3,600++**

30-minute body polish • 60-minute body massage

Spa Tip: A body polish and massage combo to create a healthy glow.

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RAINMIST CLASSIC **Sprinkle And Dazzle**

60-minute treatment & 30-minute refreshments and relaxation **THB 2,700++**

10-minute rainmist • 20-minute orange honey body polish • 20-minute pumpkin & rice body conditioner and steam • 10-minute rain shower

Spa Tip: An invigorating rain shower combined with pampering body treatments to awaken your senses.

RAINMIST INDULGENCE **Indulgent Treat**

120-minute treatment & 30-minute refreshments and relaxation **THB 4,600++**

10-minute rainmist • 20-minute orange honey body polish • 20-minute pumpkin & rice body conditioner and steam • 10-minute rain shower • 60-minute body massage

Spa Tip: Soothe your body with the signature rainmist experience complete with an indulgent series of body treats.

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angsana for her

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TOP TO TOE

Rejuvenate

180-minute treatment & 30-minute refreshments and relaxation **THB 5,700++**

60-minute body treat • 60-minute body massage • 60-minute facial

Spa Tip: Give your body a well-deserved tune up all over with this ultimate treat that combines all of Angsana Spa's signature therapies.

GLITTER

Golden Bliss

150-minute treatment & 30-minute refreshments and relaxation **THB 5,400++**

30-minute pure gold body polish • 60-minute gold body conditioning massage • 60-minute facial

Spa Tip: Step out of the Spa with glittering and well-moisturised skin.

TONED CURVES

Work Out

90-minute treatment & 30-minute refreshments and relaxation **THB 3,600++**

60-minute toning massage • 30-minute marine mud mask body conditioner

Spa Tip: Sculpt the contours of your body and cleanse your skin with a marine mud mask body conditioner that leaves you feeling fresh and energetic.

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EXPRESSIONS

Wake Up Call

150-minute treatment & 30-minute refreshments and relaxation **THB 5,400++**

90-minute body massage • 60-minute facial

Spa Tip: A delightful choice of body massages and facials perks you up. You will be ready to face the world after this intensely relaxing experience.

REST

Perfect Relief

90-minute treatment & 30-minute refreshments and relaxation **THB 3,600++**

45-minute back massage • 15-minute head & shoulders massage • 30-minute foot massage

Spa Tip: The perfect combination to induce relaxation and rest.

POWER BACK

Untie The Knots

60-minute treatment & 30-minute refreshments and relaxation **THB 2,600++**

30-minute back massage • 30-minute back paraffin

Spa Tip: Back tension reliever and warm paraffin to reduce muscular aches.

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body massages

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SIGNATURE

ANGSANA

Our Gift To You

90-minute treatment & 30-minute refreshments and relaxation

THB 3,600++

Spa Tip: A signature massage created exclusively for Angsana Spa, to work on your body's key pressure points to strengthen inner "qi" or energy.

BAMBOO

Natural Touch

90-minute treatment & 30-minute refreshments and relaxation

THB 3,600++

Spa Tip: Let the soothing touch of warm bamboo and therapeutic long, firm massage strokes of this massage ease stiff muscles and stimulate blood circulation, to promote a sense of deep relaxation.

FUSION

Cuisine For The Soul

60-minute treatment & 30-minute refreshments and relaxation

THB 2,500++

90-minute treatment & 30-minute refreshments and relaxation

THB 3,500++

Spa Tip: A blend of Thai and Swedish massage techniques to soothe all aches, unblock stiffness and enhance flexibility.

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CLASSIC

AROMA THAI Thai Fusion

90-minute treatment & 30-minute refreshments and relaxation **THB 3,500++**

Spa Tip: Adapted from a traditional Thai massage, oil is used for this massage which improves blood circulation and mobility as well as relieves tension.

AYURVEDIC The Healing Touch

60-minute treatment & 30-minute refreshments and relaxation **THB 2,500++**

Spa Tip: Ease aches and tension while promoting blood circulation through the smooth and relaxing movements of this treatment. Palm strokes are used with sesame oil for this massage.

AYURVEDIC HOT STONES Tension Melts

90-minute treatment & 30-minute refreshments and relaxation **THB 3,500++**

Spa Tip: Feel the tension melt away from your body as this Ayurvedic palm-based massage blends seamlessly with the use of heated basalt stones.

DEEP TISSUE MESSAGE Renewed Vitality

90-minute treatment & 30-minute refreshments and relaxation **THB 3,500++**

Spa Tip: A strong massage focusing on the back, shoulders and head, which stimulates deep into the muscles.

JAVANESE Take A Nap

60-minute treatment & 30-minute refreshments and relaxation **THB 2,500++**
90-minute treatment & 30-minute refreshments and relaxation **THB 3,500++**

Spa Tip: Adapted from ancient Balinese techniques, this deep tissue massage relieves body tension and promotes better sleep patterns.

SIAM Classic Flavour

60-minute treatment & 30-minute refreshments and relaxation **THB 2,500++**
90-minute treatment & 30-minute refreshments and relaxation **THB 3,500++**

Spa Tip: Relieve tension and unwind to a delicate stretching of your body to improve mobility and flexibility, followed by Thai massage techniques of palming and thumbing, without the use of oil, on your meridian lines.

WAVES Smooth As A Hula Dance

60-minute treatment & 30-minute refreshments and relaxation **THB 2,500++**
90-minute treatment & 30-minute refreshments and relaxation **THB 3,500++**

Spa Tip: This strong massage is inspired by traditional Hawaiian techniques. The therapist delivers long flowing strokes to restore balance and harmony.

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body massages

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SOOTHING

CONDITIONING MASSAGE

60-minute treatment & 30-minute refreshments and relaxation **THB 2,500++**

Maximum Hydration

Spa Tip: Experience this invigorating massage performed with a generous coat of moisture-boosting body conditioner that pampers and nourishes your skin.

DREAMS

60-minute treatment & 30-minute refreshments and relaxation **THB 2,500++**

Perfect For Jet Lag

90-minute treatment & 30-minute refreshments and relaxation **THB 3,500++**

Spa Tip: Created specially for tired and worn-out bodies, this calming massage soothes tense muscles using warm sesame oil.

RHYTHMIC

**Must Try For
Mothers-To-Be**

60-minute treatment & 30-minute refreshments and relaxation **THB 2,500++**

Spa Tip: For mothers-to-be or those who prefer to lie on their side, this nurturing massage is a good choice. Our therapist will use gentle strokes and a rice flour pouch dipped in warm clarity oil.

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ON THE SPOT

BACK ENERGY
Iron Out Tense Muscles 30-minute treatment & 30-minute refreshments and relaxation **THB 1,800++**

Spa Tip: Iron out aches and tension in the back with this medium to strong pressure massage.

FOOT LOOSE
Sole To Soul 30-minute treatment & 30-minute refreshments and relaxation **THB 1,800++**

Spa Tip: Step out with happier feet after an energising foot massage.

HEAD & SHOULDERS
Tension Relief 30-minute treatment & 30-minute refreshments and relaxation **THB 1,800++**

Spa Tip: Banish fatigue with this deceptively simple combination of upper body massages focusing on head and shoulders.

**INDIAN HEAD
MESSAGE**
Clear Headed 30-minute treatment & 30-minute refreshments and relaxation **THB 1,800++**

Spa Tip: After a hard day's work, clear your mind with this massage to relax and remove fatigue caused by mental stress.

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facials

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EXCLUSIVELY

ANGSANA

for all skin types

Plump Up The Volume

90-minute treatment & 30-minute refreshments and relaxation

THB 3,600++

Spa Tip: A unique skin therapy that stimulates cellular metabolism to plump up fine lines, improve elasticity and restore natural brilliance to firmer skin. The revitalising treatment includes a soothing back and shoulders massage to induce deep relaxation and soothe muscular tension.

AGE DEFYING [^]

for matured skin

Beat The Clock

60-minute treatment & 30-minute refreshments and relaxation

THB 3,000++

Spa Tip: Combat the visible signs of ageing with this ultimate anti-ageing treatment that uses an innovative botanical extract infused with ice-cold cryotherapy benefits to 'melt' away fine lines.

[^] non-applicable for packages; a la carte treatment only.

DEEP MARINE

PURIFYING

for oily skin

Pure As Snow

60-minute treatment & 30-minute refreshments and relaxation

THB 2,800++

Spa Tip: This deep-cleansing purifying treatment detoxifies and includes sheer indulgence massage techniques to soothe, calm and rebalance the epidermis for a youthful look.

HYDRA EXPRESS

for normal/

combination skin

Radiance In A Flash

60-minute treatment & 30-minute refreshments and relaxation

THB 2,800++

Spa Tip: Soak in the goodness of this skin replenishment facial that instantly adds moisture and brings luminosity back to your complexion.

SOOTHING REMEDY

for sensitive skin

Skin's Best Friend

60-minute treatment & 30-minute refreshments and relaxation

THB 2,800++

Spa Tip: Ideal for sensitive and sun-damaged skin, choose this anti-inflammatory and calming facial that features soothing aromatic complexes to nourish delicate skin and restore skin equilibrium.

MIRACLE EYES

TREATMENT

Eyes Want To Be Gorgeous

30-minute treatment & 30-minute refreshments and relaxation

THB 2,600++

Spa Tip: An anti-ageing treat with ice-cold cryotherapy benefits for the eye contour. This specialised treatment hydrates and focuses on delicate areas around the eyes with lifting techniques to reduce dark circles and puffiness.

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essential pampering

The key essentials to relax and pamper your hands and feet, leaving them in tip top condition.

HAND TREATMENTS

HAND DELUXE

Hand Essence

90-minute treatment

THB 1,600++

Spa Tip: Pamper your hands and nails back to tip top condition with this intensive hand care programme. The nails are cleaned, trimmed and shaped according to your preference. A soothing hand massage is provided after the hands are gently scrubbed, followed by a paraffin hand mask application to nourish the hands for a smooth and silky feel. It concludes with nail colouring or nail buffing.

HAND ESSENTIALS

Lovely Hands

45-minute treatment

THB 1,100++

Spa Tip: Keep your hands and nails in tip top condition with this hand care programme. The nails are cleaned, trimmed and shaped according to your preference, while the hands are scrubbed and conditioned before a hand mask is applied to restore moisture to the skin.

FRENCH NAILS

Au Naturel

30-minute treatment

THB 900++

Spa Tip: Relax and cleanse the hands with a warm towel followed by shaping and French nail colouring.

SHAPE & HAND

REVERNISH

Fingernails 1-0-1

30-minute treatment

THB 700++

Spa Tip: Relax and cleanse the hands with a warm towel followed by shaping and nail colouring.

SMOOTHER HANDS

Soft as Silk

30-minute treatment

THB 700++

Spa Tip: Relax and cleanse the hands with a warm towel, gently exfoliate the dead skin cells followed by a dip in warm paraffin to promote anti-ageing and regain smoother hands.

HAND MASSAGE

Hands And Fingers

30-minute treatment

THB 700++

Spa Tip: Relax and cleanse the hands with a warm towel followed by a delicate hand massage using enriching massage cream to nourish and relax the hands.

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FOOT TREATMENTS

FOOT DELUXE
Glamorous Feet 90-minute treatment **THB 1,600++**

Spa Tip: Pamper the neglected soles back to tip top condition with this foot care programme. The nails are cleaned, trimmed and shaped according to your preference. A relaxing foot massage is provided after the feet are gently scrubbed, followed by a paraffin foot mask application to treat the feet for a velvety feel. It concludes with nail colouring or nail buffing.

FOOT ESSENTIALS
Add A Spring To Your Step 45-minute treatment **THB 1,100++**

Spa Tip: Keep your feet and nails in tip top condition with this foot care programme. The nails are cleaned, trimmed and shaped according to your preference, while the feet are scrubbed and conditioned before a foot mask is applied to restore moisture to the skin.

FRENCH STYLE
Au Naturel 30-minute treatment **THB 900++**

Spa Tip: Start with a skin softening foot soak in warm water followed by shaping and French nail colouring.

SHAPE & FOOT REVARNISH
Toenails 1-0-1 30-minute treatment **THB 700++**

Spa Tip: Start with a skin softening foot soak in warm water followed by shaping and nail colouring.

SOFTER SOLES
Tender Feet 30-minute treatment **THB 700++**

Spa Tip: Enjoy a warm refreshing foot wipe followed by gentle exfoliation of the dry skin with foot file and a dip in warm paraffin for softer and smoother skin.

FOOT MASSAGE
Stretch And Flex 30-minute treatment **THB 700++**

Spa Tip: Enjoy a warm refreshing foot wipe followed by delicate foot massage using enriched massage cream to nourish and relax the soles.

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body polishes

(part of package)

Choose your favourite body polish to complete your pampering spa packages. All body polishes are not available individually.

ALMOND MILK

for normal/dry skin

Breakfast Treat

Spa Tip: A natural skin brightener where the skin is left lighter and more refined.

COFFEE COCO

for normal/dry skin

Black and White

Spa Tip: The aromatic scent of the coffee helps to relax your body and mind while the nourishing nature of fresh coconut and coconut milk gently cleanses and softens the skin.

FRUIT DELIGHT

for all skin types

Eco-Friendly Skin Brightener

Spa Tip: Cleanse and brighten your skin with this anti-oxidant body conditioner consisting of orange, carrot, apple and lime juice.

HONEY SESAME

for normal/dry skin

As Sweet As Honey

Spa Tip: Smell as sweet as honey after this treatment while the skin emerges smoother after the gentle exfoliation.

JASMINE FRANGIPANI

for oily skin

Flowery Scent

Spa Tip: Smell your floral best and show off sparkling skin after the treatment.

TANGY TAMARIND

for all skin types

Rich In Vitamin C

Spa Tip: This tangy scrub is a refreshing treat oozing with the goodness of vitamin C.

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body conditioners

(part of package)

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ALOE CREAM

for dry skin

After-Sun Treat

Spa Tip: Discover the tingle of soothing aloe vera as it stimulates new cell growth and moisturises sunburnt skin.

HONEY MILK

for dry skin

Blemish Free

Spa Tip: Skin blemishes are lightened and the skin is moisturised, the natural way.

MANGO WRAP

for normal skin

Juicy Beauty Concoction

Spa Tip: Enliven your skin with this sweet-smelling creamy body wrap enriched with mango, olive oil and yoghurt for radiant and silky soft skin.

MUD PIE

for all skin types

Zero Calories, 100% Natural

Spa Tip: A deep cleansing treatment using rich mud to detoxify and nourish the skin.

PAPAYA & TOMATO

for normal/oily skin

Exotic Skin Food

Spa Tip: Rich in anti-oxidant and fruit acid, this cheery-coloured harmony of papaya, orange and tomato body conditioner has a wonderful effect in improving radiance and suppleness to your skin.

RICE & SOYA

for dry skin

Loving Your Body

Spa Tip: Moisturise and nourish your body with this delectable conditioner blended with soya powder and rice flour to add a lovely sheen to your skin.

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yoga

Relax your mind, body and soul. Achieve mental and physical well-being and balance through various yoga postures, breathing techniques and deep relaxation.

GROUP SESSION

60-minute experience

maximum 14 participants

**THB 550++
per person**

PRIVATE SESSION

60-minute experience

maximum 3 participants

**THB 800++
per person**

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angsana for the family

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Ideal for kids aged 7 to 14.

FAMILY BONDING

Something For Everyone

90-minute treatment & 30-minute refreshments and relaxation

THB 4,900++

for mum or dad: 30-minute body polish • 60-minute body massage

for kid: 30-minute body polish • 45-minute body conditioning massage • 15-minute vanilla milk bath*

Spa Tip: Embrace the new definition to “family time”.

GIRLS ONLY

Dainty Treats

120-minute treatment & 30-minute refreshments and relaxation

THB 5,900++

for mum: 60-minute body massage • 60-minute facial

for daughter: 30-minute body polish • 45-minute body conditioning massage • 15-minute face mask**
• 30-minute nail painting*

Spa Tip: A specially created mother-daughter escape for the reigning queen and princess.

BOYS' HANGOUT

Timeout

90-minute treatment & 30-minute refreshments and relaxation

THB 4,900++

for dad: 90-minute body massage

for son: 30-minute body polish • 45-minute body conditioning massage • 15-minute nail cut*

Spa Tip: There is nothing better than a relaxing father and son bonding time like this.

*** CHOICE OF KIDS' BODY POLISHES**

milky way • pink strawberry • cocoa adventure • pumpkin vanilla • cool cucumber

**** CHOICE OF KIDS' FACE MASKS (APPLICABLE TO GIRLS ONLY TREATMENT)**

cucumber cutie • strawberry sweetie • kiwi pretty

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angsana for kids

There is something even for the little ones.

NEATLY TRIMMED 30-minute treatment **THB 400++**
Clean Nails

soak • cut • file

Spa Tip: Pamper your hands or feet and keep your nails clean and trimmed. Suitable for both girls and boys.

TENDER LOVING CARE 30-minute treatment **THB 400++**
Smooth Touch

soak • massage • mask

Spa Tip: Treat your hands or feet to some tender loving care. Suitable for both girls and boys.

PRETTY NAILS 30-minute treatment **THB 450++**
Colourful

nail polish or nail art

Spa Tip: Paint your nails in your favourite colour or add artistic nail designs.

BRAIDS 30-minute treatment **THB 400++**
Tie My Hair Up

Spa Tip: Style your hair with small colourful beads as the therapist braids it into four to six beautiful plaits.

TATTOO 30-minute treatment **THB 250++**
Artist's Drawings

Spa Tip: Let beautiful intricate tattoo designs adorn your arm, hand, ankle or back.

KIDS' YOGA 45-minute experience **THB 450++**
Young Yogi

Spa Tip: Fun and easy yoga techniques to enhance mind concentration and increase body flexibility and coordination. For kids aged 7 and above.

MOTHER AND KID'S YOGA 45-minute experience **THB 1,000++**
Togetherness

Spa Tip: Enjoy a bonding time together as both mother and child move in synchronised movements. For kids aged 5 and above.

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