



Ahasees Spa & Club

P.O. Box 7978, Dubai
 United Arab Emirates
 +971 4 317 2333 | +971 4 317 2334
 spa.grandhyattdubai@hyatt.com
 Hours: 6:00 AM - 11:00 PM



Spa Overview

Escape the chaos of the city and indulge in a serene spa experience at Ahasees Spa & Club, where beauty, tranquility, and rejuvenation await. At Ahasees Spa & Club, we honor Dubai's transformation from water to a city of beauty and power. Our spa is built on three pillars: Trade, Flourish, and Evolve, each designed to promote harmony, nourishment, and indulgence. Immerse yourself in the essence of Dubai with our signature treatments that will leave you feeling restored, fortified and timeless.

Spa Facilities

Swimming Pools

Indoor Pool Open 24 hours for in-house guests
 Indoor Pool (Kids Timings) (9:00 AM - 6:00 PM)
 Toddlers Pool (9:00 AM - 8:00 PM)
 Main Outdoor Pool (9:00 AM - 8:00 PM)

Female Wet Area*

Open daily from 6:00 AM - 11:00 PM
 Sauna
 Steam Room
 Hot Tub with Jet
 Ice Fountain

Male Wet Area*

Open daily from 6:00 AM - 11:00 PM
 Sauna
 Steam Room
 Hot Tub with Jet
 Cold Plunge Pool

Fitness Centre*

Open 24 hours for in-house guests
 Open daily from 6:00 AM - 11:00 PM
 Cardio Area
 Weights Area
 EMS Room

10 Treatment Suites with designated changing rooms and lockers

Including a couples suite and nail studio

The Library

Guests are welcomed to a serene area where they can choose treatments, savor herbal tea, and unwind after their spa experience.

*16 years and above. Towels and amenities provided

Services

Massages

	MIN	AED
Foot Relief	60	500
Al Warmth	90	800
Golden Rich	90	835
Four Hands	60	950
Aromatherapy	60 550	90 695
Thai Stretch	60 550	90 750
Pearl Balm	60 565	90 750
Antioxidant	60 565	90 750

Body Treatments

	MIN	AED
Coffee and Cardamom Scrub	60	500
Dr Babor Custom Balance Scrub & Wrap	90	695

Dr Babor Facials & HydraFacial®

	MIN	AED
Skinovage: Vitalizing, Purifying and Calming	60	575
Men's facial	60	595
Botanical Bright Intense Glow	60	650
Age defy - Reversive PRO YOUTH Treatment	90	800
Seasilk- Sea Creation Signature Facial	90	850
Essential HydraFacial®	60	950
Deluxe Hydrafacial®	90	1300

Nail Treatments

	MIN	AED
Manicure	30	175
Pedicure	30	250
Mint Tea Manicure	60	325
Mint Tea Pedicure	60	350
Absolute Neroli Manicure	90	425
Absolute Neroli Pedicure	90	450



Reservations

+971 4 317 2333

spa.grandhyattdubai@hyatt.com

dubai.grand.hyatt.com/hyatt/pure/spas

If you are a guest staying in-house, please dial extension 2333

*Please note a valid credit card is required to hold your reservation.

Prices are subject to change without prior notification.

Pre-Arrival

We kindly recommend arriving 20-30 minutes prior to your appointment to allow enough time to prepare, store your belongings in the locker area, and enjoy our steam room and sauna. In accordance with UAE hydrotherapy regulations, swimwear is required. As treatments begin promptly at the scheduled time, arriving early ensures a seamless and relaxing experience for all guests.

Health Considerations:

When making a reservation, please inform us of any allergies, injuries, or medical conditions, particularly if you are pregnant or have high blood pressure. Certain treatments may not be advisable depending on your health condition.

Cancellations

You may modify or cancel your scheduled treatments up to six hours before the appointment without any penalty. In the event of cancellation within six hours or a no-show, 100% of the treatment cost will be charged.

Age Limitation

Use of the spa facilities is restricted to guests aged 16 years old and above. However, selected treatments may be available for younger guests when accompanied by a parent or legal guardian. Please contact our Spa Concierge directly for further details.

Spa Boutique

You may extend your spa experience at home by purchasing the products used in our treatments, conveniently available for sale at the Ahasees Spa & Club Reception.

Gift Certificates

Gift certificates may be purchased for any Ahasees Spa treatment in your preferred value and are valid for six months from the date of issue. Gift certificates are not valid in conjunction with other promotions or discounts and cannot be reissued if lost, stolen, or expired. They are non-refundable and cannot be exchanged for cash. To redeem a gift certificate, please present it at the spa reception prior to your treatment.

Ahasees Spa & Club, situated within the Grand Hyatt Dubai, is a serene oasis that takes inspiration from Dubai's cultural roots, providing a tranquil retreat from the bustling city life. It features a spacious outdoor pool and a fully equipped fitness and recreation center, allowing visitors to unwind and rejuvenate. The spa's convenient location makes it easily accessible from Dubai International Airport and just a short distance from the city's shopping, entertainment, business, and financial districts.

